

A woman with her hair in a bun is lying on her back, receiving a massage. Her eyes are closed, and she has a peaceful expression. Several hands are visible, gently massaging her back and shoulders. The word "Spa" is written across her back in a large, white, brushstroke-style font.

Spa


DELTA
HOTELS
MARRIOTT
MANCHESTER AIRPORT

welcome

To a world of pure indulgence, where the pampering begins the moment you arrive. Slip on a fluffy robe. Put your worries down and your feet up.

This is your invitation to recline, unwind and drift into bliss, in temples of tranquility where the everyday feels very far away.



CONTENTS

FACIALS	Page 3
FACE & BODY	Page 5
BODY TREATMENTS	Page 6
MASSAGES	Page 7
FINISHING TOUCHES	Page 9
SPA DAY PACKAGES	Page 11
HOW TO SPA	Page 13
HOW TO BOOK	Page 17

ELEMIS FACIALS

Push the boundaries to develop unique textures, ground-breaking formulations; Elemis delivers real results through touch and innovation.

The hands of a highly trained ELEMIS therapist are profoundly effective anti-ageing tools. Using a combination of massage techniques from around the world, this is where intuition meets expertise with clinically proven results.

PRO-GLOW RENEWAL

For gorgeous, glowing skin. ELEMIS' signature deep cleansing skin wellness facial, showcasing Prebiotics and antioxidant-rich goodness to deliver a healthy-looking, lit-from-within glow. In one treatment, skin looks visibly refreshed and rebalanced.

25 Minutes

Monday – Thursday £49

Friday – Sunday £52

50 Minutes

Monday – Thursday £69

Friday – Sunday £72

PRO-GLOW SMOOTH

The HIIT workout for your skin. Powerful resurfacing technology lifts away dead skin cells to smooth, renew and refine, whilst improving the appearance of skin tone and luminosity. After just one treatment, the complexion looks firmer, supremely smooth and rejuvenated.

50 Minutes

Monday – Thursday £69

Friday – Sunday £72

PRO-GLOW RESURFACE

Your recipe for radiance. Purify and brighten as skin's texture is transformed. This unique facial powered by patented Tri-Enzyme technology minimises the look of uneven tone, texture, fine lines and pigmentation. Dull, uneven, tired skin will appear instantly brighter, smoother and renewed.

50 Minutes

Monday – Thursday £69

Friday – Sunday £72

PRO-GLOW BRILLIANCE

Our triple cleanse will, melt away make-up, daily pollutants, and grime. Gentle resurfacing dissolves away dead skin cells to reveal healthy and clearer looking skin. A fusion of Superfoods and antioxidant-rich facial oils plump the skin with moisture, whilst helping to nourish and protect. Skin is left feeling fresh, radiant and healthy.

50 Minutes

Monday – Thursday £69

Friday – Sunday £72



PRO-GLOW GENIUS

Clinically proven intelligent skincare and our triple level approach to skin hydration results in transformative results for younger-looking skin. Powered by our ULTRA-SMART technology, with a spotlight on deep-set wrinkles for maximum, multi-faceted facial rejuvenation and skin hydration, skin will be visibly smoother, resilient and firmer-looking. An unsurpassed, line-fighting facial experience, skin will appear immediately firmer and more radiant after just one treatment.

75 Minutes

Monday – Thursday £90

Friday – Sunday £93

BIOTEC FACIAL

A customised electrical facial that incorporates oxygen, light therapy, firming and toning micro currents, and an ultrasonic peel. Your therapist will tailor the treatment to your specific needs, resulting in younger-looking, firmer, resurfaced skin that is more radiant. This treatment will be customised it to your skin's needs, allowing us to target any issues you may have.

50 Minutes

Monday – Thursday £75

Friday – Sunday £78

relax & unwind

FACE & BODY

COUTURE TOUCH

Dual treatment offers the ultimate Elemis experience, combining any Elemis Touch facial with a personalised deep tissue or hot stone massage.

55 Minutes

Monday - Thursday £80

Friday - Sunday £83

COUTURE TOUCH TECHNOLOGY

Dual treatment offers the ultimate Elemis experience, combining an ELEMIS BIOTEC facial with a personalised deep tissue or hot stone massage.

55 Minutes

Monday - Thursday £85

Friday - Sunday £88

BODY TREATMENTS

ELEMIS INTENSELY CLEANSING SALT SCRUB

Gently exfoliation of the skin regenerating new skin cells leaving the skin smooth and ready to absorb the deeply nourishing body oil.

40 Minutes

Monday - Thursday £65

Friday - Sunday £68

BEST FOOT FORWARD

Tension releaser this relaxing treatment includes exfoliation of the lower legs and feet bathed and massaged leaving them intensely nourished and smooth.

25 Minutes

Monday - Thursday £55

Friday - Sunday £58

FRANGIPANI BODY NECTAR NOURISHING WRAP

You are kept cocooned in warmth in mood balancing aromatic and skin conditioning oils offering deep hydration.

55 Minutes

Monday - Thursday £65

Friday - Sunday £68

MASSAGES

ELEMIS FREESTYLE DEEP TISSUE MASSAGE

Your therapist will select an aromatic oil according to your concerns, including muscle pain, stress relief, relaxation or balance. Working deep into the muscles encouraging optimum circulation.

25 Minutes: Back, neck and shoulder
Monday – Thursday £55
Friday – Sunday £58

55 Minutes: Full body
Monday – Thursday £70
Friday – Sunday £73

85 Minutes: Full body and tranquility scalp
Monday – Thursday £80
Friday – Sunday £83

ELEMIS DEEPER THAN DEEP HOT STONE MASSAGE

Balinese stones bathed in frangipani mono body oil are worked deep into the body targeting areas of tension.

25 Minutes
Monday – Thursday £65
Friday – Sunday £68

55 Minutes
Monday – Thursday £80
Friday – Sunday £83

85 Minutes
Monday – Thursday £90
Friday – Sunday £93

TRANQUILITY SCALP MASSAGE

Body and scalp. De-stressing scalp treatment to banish tension and aid restful sleep. Includes essential oils to invigorate and calm, leaving the body in pure serenity.

25 Minutes
Monday – Thursday £55
Friday – Sunday £58

THAI COMPRESS MASSAGE

A unique treatment using gently warmed compresses with selected ingredients renowned to help improve mind and body.

25 Minutes
Monday – Thursday £65
Friday – Sunday £68

55 Minutes
Monday – Thursday £80
Friday – Sunday £83

MOTHER-TO-BE PREGNANCY MASSAGE

Relaxing massage for mothers-to-be deeply hydrating the skin with especially selected aromatics for optimum wellness

55 Minutes
Monday – Thursday £80
Friday – Sunday £83



time
for you

FINISHING TOUCHES

From manicures and pedicures to waxing, our spa offers all the beauty treatments you should need for those perfect finishing touches.

Full Leg Wax	45 min	£40
Half leg Wax	30 min	£30
Bikini Wax	15 min	£15
Underarm Wax	20 min	£15
Upper Lip Wax	15 min	£14
Chin Wax	15 min	£12
Eyebrow Shape	20 min	£20
Eyelash Tint*	10 min	£15
Eyebrow Tint*	15 min	£15
Eyelash, Eyebrow Tint* and Shape	30 min	£25

*Tinting treatments need a 24 hour patch test

JESSICA SPA ESSENTIAL

Manicure	45 min	£40
File and Polish	30 min	£24
Geleration Manicure	60 min	£50
Pedicure	55 min	£50
Geleration Pedicure	60 min	£50
Geleration Soak-Off Treatment	25 min	£20

make

A DAY OF IT



SPA DAY PACKAGES

If one treatment just won't do, why not have a whole day of escapism tailored just for you? Sink into a massage, beautify with a facial or just lounge pool-side cocooned in your complimentary robe and slippers. Our bespoke Spa Day packages take relaxation to blissful new heights.

TAILOR MADE SPA DAY

Spa Day with lunch at San Carlo.
A choice between a back massage
or a facial and a 2 course meal at the
beautiful Italian restaurant San Carlo.

25 Minutes

Monday – Sunday £110

TAILOR MADE SPA DAY FOR 2

Spa Day with lunch at San Carlo.
A choice between a back massage
or a facial and a 2 course meal at the
beautiful Italian restaurant San Carlo.

25 Minutes

Monday – Sunday £215

BLISSFUL SPA DAY

Spa Day with lunch at San Carlo.
A choice between a full body massage
or an Elemis hands on facial and
a 2 course meal at the beautiful Italian
restaurant San Carlo.

55 Minutes

Monday – Sunday £135

BLISSFUL SPA DAY FOR 2

Spa Day with lunch at San Carlo.
A choice between a back massage
or a facial and a 2 course meal at the
beautiful Italian restaurant San Carlo.

55 Minutes

Monday – Sunday £260

All Spa Day packages are from 10am–6pm. Towels are included, as is full use of the fitness facilities. 15% discount on beauty retail purchased on the day. Terms and Conditions apply.



How to spa

Need to recharge your batteries? Our Spa Day Pass for One helps you press life's reset button. Energise at the gym, unwind in the sauna or just lounge poolside cocooned in your complimentary robe and slippers. This is more than me-time. It's the time and space you need to thrive.

MAKING THE MOST OF YOUR TIME

HOW DO I CHOOSE MY TREATMENTS?

We offer a menu to pamper, relax and revive the body. Our Therapists can help you select those treatments that are most appealing and beneficial to you.

TREATMENT CONSULTATIONS

Our consultations are confidential and complimentary and are included within the treatment time experience. Please notify us on booking if you have any allergies or medical concerns that may prevent us undertaking the treatment. Some treatments are not suitable for certain medical conditions and will require a letter from your Doctor confirming that the treatment can be performed.

ARRIVAL

We kindly ask that you arrive at The Spa Reception 20 minutes before your appointment time to enable you to relax and complete a consultation form. We offer our guests a reliable treatment schedule, please appreciate that late arrivals will not receive an extension of scheduled treatment time.

YOUNG ADULTS

Please note we have an age policy for treatments, we do not offer treatments for children under 15 years of age, therefore children under 15 are not permitted in the spa. Young adults aged 15 may receive Manicures and pedicures only. Adults aged 16 -17 can also receive facials once a minors authorisation form has been completed and signed. Massages and body treatments are available for adults aged 18 and over.

WHAT IF I'M PREGNANT?

Please notify us if you are pregnant when booking your treatments.

CONTINUE YOUR EXPERIENCE AT HOME

As part of your complete experience, our trained Therapists will gladly recommend a skin care routine to enable you to continue the benefits of your treatment at home. Our products are available to buy directly from the Spa.

AND FINALLY A FEW SPA TIPS

To ensure a wonderful spa experience, please make us aware of any preferences that you may have.

Talking with your Therapist will help them customise their service to ensure maximum enjoyment.

Re-hydration is an important part of spa therapy. We therefore recommend that you drink plenty of water.



HOW TO BOOK

BOOKINGS

Please book spa appointments in advance. Bookings can be made directly on 0161 904 5051. Credit card details are required to secure an appointment.

Alternatively you can call the Spa Central Booking line on 0800 054 6505 (Monday to Friday 9.00am-5.00pm excluding Bank Holidays).

You can also book online at MarriottSpas.co.uk*

Please note we have an Age Policy for treatments as detailed in the How to Spa section.

All treatment durations stated include consultation and changing time and not the total "hands-on" time. Arrival is recommended 20 minutes before treatment time to check in and complete questionnaires. Please be advised that late arrivals will result in a reduction in treatment time.

*Not available at all Marriott locations.

CANCELLATION POLICY

There will be a full charge of the treatment(s) booked if you do not show for your booked appointment. 50% charge if less than 24 hours' notice is given.

OPENING HOURS

Monday to Sunday 10.00am-6.00pm

GIFT VOUCHERS

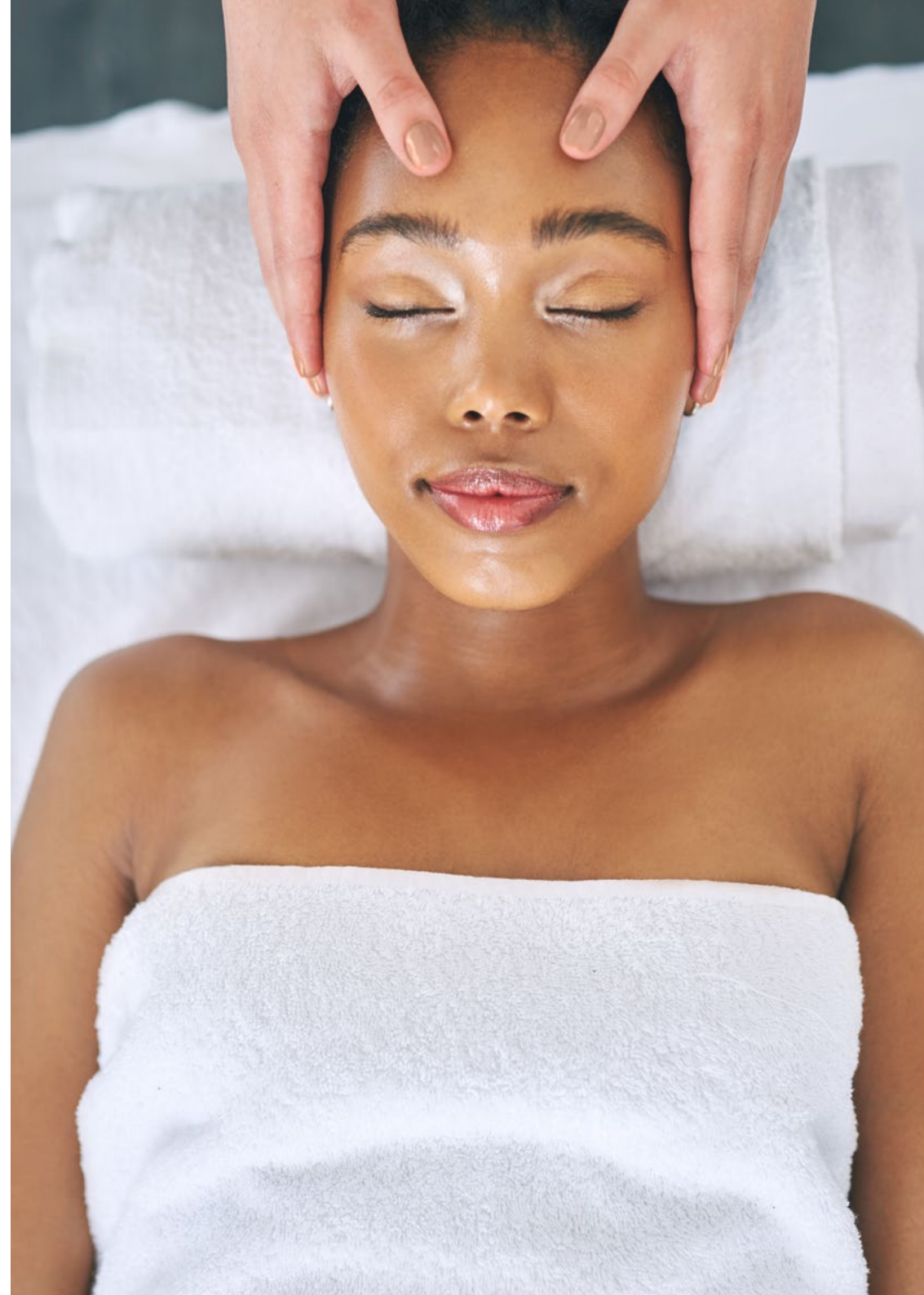
The spa gift vouchers are available at a variety of monetary values and for any treatment or package; these can be purchased from the spa reception. Vouchers are an ideal way of solving those 'what-to-buy dilemmas' for that special occasion, an anniversary surprise, birthday treat or just because you care!

KEEP IN TOUCH

Scan the QR code below to join our newsletter for exclusive offers on spa experiences, treatments and spa breaks.



All appointment durations stated include consultation and changing time and not the total 'hands on' time. All information, including prices, was correct at time of going to press (March 2023) are is subject to change without notice.



VISIT [MARRIOTTSPAS.CO.UK](https://www.marriottspas.co.uk)

Delta Hotels by Marriott Manchester Airport
Hale Road, Hale Barns, Cheshire WA15 8XW



DELTA
HOTELS

MARRIOTT

MANCHESTER AIRPORT