### GET READY FOR YOUR CLOSEUP

At Planet Hollywood, we want to add some big screen excitement to your stay. Making you feel like a star is what we are all about, and we'll give you the redcarpet treatment when we help rejuvenate your mind, body and spirit at the PH Spa.

From the ambiance to the decor, we set the stage for a completely holistic experience. From deep immersive therapies to gentle soothing massages, our team of professionals use all their knowledge and experience to deliver a truly star-worthy experience

Our treatments feature celebrity-favorite Eminence Organic Skin Care products that are as gentle on your body as they are on the environment and will leave you feeling ready for the big screen

### PURE HOLLYWOOD

### WATER THERAPY MENU

Water is the essence of life. At the PH Spa, we use water in all its forms to heal you inside and out. Hydrotherapy is widely known to reduce muscle tension and relieve pain, rehabilitate injured muscles, detoxify and relieve stress.

#### RAIN

Soak your stress away with three different water treatments using alternating temperatures and sensations.

#### STEAM

Step into the steam room and ease into vitality. Step into the steam room and feel your stress ease away. The steam will help regulate your breathing and cleanse your lymphatic system for vibrant, glowing skin.

#### HEAT

Turn up the heat with our traditional sauna promoting increased circulation to help relax muscles and soothe aches and pains.

Step into our water treatment pool set to body temperature and enjoy an invigorating massage from the hydrotherapy jets that both stimulates and relaxes the body.

#### COLD

Cool down between heat treatments with an ice shower, gently cascading crushed ice over your body. Increased circulation will tighten pores to lock in the benefits from your treatments.

QUIET ON THE SET
Sages through the ages have extolled the virtues of silence and its calming effects on the mind and its ability to relax the body. Mornings at the PH Spa are earmarked for quiet and we encourage silence for absolute tranquility.

# HOLLYWOOD GOLDEN AGE PH SPA SIGNATURE TREATMENTS MENU

### RAISE THE STAKES

There's more than one way to achieve total bliss - there are three! Choose from one of the following treatments that will leave you feeling refreshed, radiant and ready to rock the red carpet.

# WRAP PARTY | 80 MIN

Detoxify, eliminate water retention and restore inner well-being - and get vourself party ready in the process! Includes:

- Herbal Wrap
- Time Out Facial

### SUNSHINE SPECIAL | 80 MIN

This citrus-infused massage and facial will leave you feeling like you're walking on a cloud. Includes:

- Citron Stone Massage
- Calming Express Facial & Eminence Lip Treatment

#### GLITZ, GLAMOUR AND GLOW I 80 MIN

Dive into total bliss with these regenerating and nourishing therapies. Includes:

- Coconut Foot Exfoliation
- Body Massage with Coconut Oil & Rosemary essence
- Nourishing Mango Enzyme Hand Treatment

# AND NOW A WORD ABOUT OUR PRODUCT LINE:

A celebrity favorite, Eminence Organic Skin Care is an organic brand committed to protecting both your skin and the future of our planet. Consistently recognized for the use of natural and organic ingredients, Eminence Organic Skin Care has a host of worldwide A-listers who use and love their products.

### THE FACE OF HOLLYWOOD

### FACIAL MENU

True beauty is not skin deep, but every skin-type deserves to shine! Every PH Spa facial treatment is a unique star experience, designed just for you

### 3D DEFINED CLEANSING FACIAL | 50 MIN

You are wanted on set! We'll have your skin refueled with active ingredients in less than an hour. This pore cleansing treatment will leave your skin firm and moisturized while removing impurities.

# HOLLYWOOD CLASSIC QUARTZ FACIAL | 80 MIN Instantly combat the most visible signs of aging with a Quartz Collagen

Facial! A soothing Quartz Crystal facial massage will stimulate collagen while protecting your delicate skin. A firming peel will tighten and leave your skin glowing while our face masks add renewed vitality.

### LIGHTS, CAMERA, CALMING FACIAL | 50 MIN

This soothing and calming facial is great for sensitive skin, rosacea and repairing sun damage. Chamomile and arnica-based products help reduce inflammation and leave the skin feeling refreshed.

### HOLLYWOOD & VINE FACIAL I NIM 08

This luxurious facial instantly lifts and firms your skin! With plant-based citrus and avocado infused products rich in antioxidants and vitamins C + E and our iconic Kobido rejuvenating massage combined with bamboo stick therapy, your skin will feel more radiant than ever.

### PAPARAZZI READY FACIAL | 25 MIN

You need a short break and so does your skin. This express 25-minute treatment is the perfect solution for anyone seeking balance. After a cleansing, you will reemerge for your comeback, healthier and brighter and rid of impurities. This indulgent experience will leave your skin transformed.

### DO YOU WANT BUTTER WITH THAT?

PH Spa gives you the option of customizing your spa experience with a host of extras. Whether you're looking to relax or try a new glam look for a night of fun, our Spa Team is here to help.

### HOLLYWOOD CONFIDENTIAL

# LOCAL EARTH TREATMENT MENU

Hollywood has long been the keeper of great beauty secrets. At the PH Spa, our experts take that history and combine it with natural elements that have been used for generations to create treatments that deliver wellness and vitality to your body.

### BALANCE | 120 MIN

The flow of energy is fundamental in creating balance. Experience an intuitive holistic treatment led by one of our therapists that will soothe and heal. Treatment includes a Warm Sea Salt Foot Soak treatment with simultaneous sound therapy, followed by a body polish to hydrate your skin. Finish with a bamboo face massage topped off with a soothing and repairing guava moisturizer.

### CLEANSE | 120 MIN

This body cleansing ritual is designed to nourish, hydrate and protect the skin. Peloids are used in combination with seawater and herbal mud for a deep penetrating massage and wrap using heated compresses. The treatment ends with a reviving hair mask.

### HOLLYWOOD ILLUMINATI

# EXFOLIATING TREATMENT MENU

Let your inner light shine! Our scrubs use a super fine mineral salt to exfoliate dead skin cells, leaving skin feeling silky and hydrated. Finish off with a soothing application of luxurious lotion that will leave you as soft as velvet rope.

# THE PASSION AND THE FRUITY | 30 MIN

A rich blueberry scrub delivers a truly unique sensory experience. It's fluffy lather removes impurities and toxins while healing tropical fruit extracts are quickly absorbed by the skin. You'll emerge smooth to the touch with a radiant glow.

### THE FRED & COCONUT APRICOT | 30 MIN

The lively notes of the coconut body wash with the playful and nourishing warm apricot oils will leave your skin hydrated and your body totally relaxed. You'll be in heaven.

### THAT'S A WRAP!

### LUXE BODY WRAP MENU

Our luxe body wrap treatments combine the cleansing properties of mineral-rich waters with the restorative effects of natural ingredients to deliver exceptionally silky-smooth and radiant skin. Afterwards, you will be anointed with a soothing scented lotion that leaves you feeling renewed and revitalized. As a gift to you after your treatment, bring home a loofah to keep your skin healthy at home!

#### STAGE DOOR HONEY AND HERBAL INFUSION WRAP | 50 MIN

This enchanting wrap helps increase the appearance of skin elasticity. Paprika and stinging nettle help stimulate and energize skin. Afterwards, a healing and hydrating honey lotion is applied for a red carpet ready glow.

### DJANGO MANGO | 50 MIN

Celebrate your body with this ethereal combination of mango and other organic nutrients. This rich wrap will leave your skin soft and your body feeling refreshed and invigorated.

### HOLLYWOOD BODY

# MASSAGE TREATMENT MENU

Our professionally trained massage therapists will have you at hello. Their strong, supple hands – firm enough to coax a wayward tendon into position, yet soft enough to soothe tired muscles – can work magic with your body. Choose from an array of massage treatments designed to strengthen the body, calm the mind and soothe the soul.

### FEATURETTE | 25 MIN

This targeted treatment focuses on the most stressed-out part of your body. Using citrus and mint essential oils to improve mobility.

# FEATURETTE LENGTH | 50/80 MIN

This full body treatment uses Swedish massage techniques and gentle pressure with a soothing and hydrating balm. Incorporating passive, active and fluid movements, this pampering treatment includes a pressure point facial massage and soft neck stretches.

## SURROUND SOUND | 50/80 MIN

Sink into relaxation with this holistic treatment. You'll be bathed in a sea of sound offering healing vibrations. Specially-sourced stones will be placed on key pressure points while essential oils are gently massaged onto the skin to relieve deep muscle tension and deliver a feeling of vitality.

# MULHOLLAND MEMORIES | 80 MIN

Spoiler alert! You will be spoiled. Allow our Spa Sommeliers to help you craft your massage to your specific needs. Choose from one of five luxurious botanical blends, Relax, Revitalize, Hydrate, Energize or Detox, that will leave your mind, body and soul in perfect harmony.

### BLOCKBUSTER | 50/80 MIN

Treatment designed to relieve tension and stress that can accumulate in the back, face, scalp and feet. The therapeutic technique in combination with hot stones on the back, flows through the muscle fibers, relieving accumulated stress on the back, neck and shoulders. In addition, facial pressure is performed, neck lift and a balm of eucalyptus, rosemary and mint is applied to the feet with a reflexology massage

### THE NEW RELEASE | 50/80 MIN

This restorative massage releases deep tension while detoxifying the body. A combination of deep tissue massage, penetrating muscle compression and cross-fiber friction increases blood and lymphatic circulation. You can also opt for localized cryotherapy treatment.

### AYURVEDA

Ayurveda medicine is a 5,000-year-old healing system that originated in India. The name in Sanskrit refers to the "science of life". These treatments are designed to promote health and harmony in the body, assist in skin cell rejuvenation, improve circulation, release energy blockages, and dissolve stress.

### AYURVEDIC MASSAGE | 80 MIN

This treatment contains detoxification and rejuvenation therapies. This includes herbal balls and marma face points. A divine experience that leave your body and spirit in harmony.

### PH SHIRODHARA EXPERIENCE | 80 MIN

Calm your mind and body with this treatment. This therapy nourishes and stimulates the circulation of the brain and nervous structures, and also the pineal gland to a deep relaxation.

### PH HEALING EXPERIENCE

### WAVE EXPERIENCE | 50 MIN

Provides the key benefits of mindfulness and deep relaxation. With a choice of color therapies, the award-winning Sound-Massage-System Vibro-wellness, based on the Quantum Harmonic sound therapy, this treatment features precise and complex audio frequencies matched to the organs and energy centers (chakras) of the body.

Red / Revitalizes Orange / Enhances moods Yellow / Liberating Green / Harmony Purple / Relaxes and renews Blue / Celestial and Peaceful

# WELLMASSAGE 4D BEDS | 50/80 MIN

The unique Wellmassage 4D bed creates a completely new wellness massage experience. This theraputic massage will help you to reduce fatigue, muscle pain, increases relaxation and activates the elimination of toxins. Therapist advises you on the choice of oils, active ingredients and techniques.

### QUARTZ EXPERIENCE | 100 MIN

Inspired by Egyptian rituals, quartz beds elevate the treatment room to an unparalleled experience. Warm sand quartz minerals impart wellness benefits and healing energy. Featured with relaxing bath into the private Japanese Wood soak tub and herbal tee to complement the experience.

# PRIVATE SUITE | ROOM | CABIN

### SPECIAL CABIN FOR COUPLES\*

A romantic escape in our cabin made specially for couples. Sauna & steam just for you and your love one, as well as hot tub and sensation shower are the exclusive amenities available in this room. Create your lavish romance experience at the special cabbin. A sensual massage for couples will complete the experience. The presence of a loved one soothes and relaxes. It is also a great way to introduce your beloved to the benefits of massage therapy. \*Maximum of 4hrs.

### CHILD STARS MENU

### KIDS & TEEN TREATMENT MENU

Our PH Spa treatments are designed to make everyone feel like Hollywood royalty and get them Instagram ready. Stars under the age of 12 must be accompanied by parents or a legal guardian.

### COOKIE MASSAGE | 25 MIN

Share the benefits of a spa treatment with your kids through a unique massage tailored with their health in mind. This is a great way to spend time together on your getaway and introduce them to the benefits of a professional massage. Eminence products used: Honeydew Body Lotion.

### STRAWBERRY SORBET FACIAL | 25 MIN

Our mini-facial refreshes the skin with a fresh strawberry and cucumber hydrating mask and a lime tonic soothes the skin to support its natural beauty.

### ICE CREAM MANI OR PEDI | 30 MIN

This pedicure or manicure is quite the treat! The treatment begins with a luxurious foot or hand bath followed by an exfoliating coconut and mango mask. Finish off with a tropical vanilla body lotion to hydrate and protect the skin from harmful UV rays.

# OSCAR WORTHY BEAUTY LOUNGE

# SALON TREATMENT SERVICES MENU

Feel perfectly pampered inside and out in true celebrity style. Sip on a soothing cup of tea or spa water and relax in our Luxe Lounge while our expert technicians work their Hollywood magic on your hair. We have everything you need to transform your look and make you shine like the star you are!

### AND.... CUT

Whether you want it sleek and stylish or curled up and colored, our stylists will give you that A-lister look.

- Wash & Blow Dry
- Up Do
- Flat Iron (Straightening) Wavy (Fair)
- Braiding

### CUSTOM COLOR

- Starting at 1–2 hours (prices vary depending on length of hair)
- First application & up
- Retouch & up
- Foil highlighting partial & up
- Foil highlighting partial & up Foil highlighting full & up

# SMOOTH & INFUSE

After a consultation to determine your exact hair and scalp type, we develop a unique conditioning treatment to address chemically treated hair and hair in need of volume and damage repair. Using a combination of hair oil and leave-in serum, the treatment also includes a blow dry and style.

### HOLLYWOOD HANDS

### GLAM NAIL BAR MENU

Looking to clean up those cuticles and get some knock-out nails? Our nail technicians will deliver personalized service designed to pamper you from head to be

### A-LIST SPA MANICURE | 50 MIN

Bring out the natural shine in your nails. This manicure begins with a warm salt soak, complete nail care, cuticle conditioning and a soothing arm and hand massage. Finally, our professional nail technician will apply a coat of the nail color of your choice.

### RED CARPET PEDICURE | 50 MIN

Relax with our luxurious scalp massage while your feet soak in a warm salt bath. Includes: heel care, sugar scrub exfoliation, nail care to bring out the natural shine of your nails and a foot and leg massage. Then finish with professionally polished nails in a classic or on-trend color of your choice.

### VOLCANIC CLAY PEDICURE | 70 MIN

Enjoy the relaxing and therapeutic scents of ylang ylang, lavender and geranium while your feet are treated to a sugar scrub and volcanic mud treatment to soften and detox the skin. Lastly, a soothing lotion containing honey extracts is applied to hydrate the skin.

SPOTLIGHT MANICURE | 25 MIN Includes nail soaking, shaping, buffing and polish.

SPOTLIGHT PEDICURE | 25 MIN

Includes a foot soak, nail shaping, buffing, callus removal and polish.

### HELLO GORGEOUS

### MAKEUP MENU

The red carpet has been rolled out, the paparazzi are ready and waiting - it's time for your closeup! Whether you're just heading to the beach or celebrating a special occasion, our specialists are ready to give you that A-lister look.

- Makeun
- Eyelash application

Air brush makeup

### HOLLYWOOD SMOOTH

### WAXING TREATMENT MENU

Our professional hair removal is as painless as can be, and our waxing products provide a unique treatment to suit your specific skin type. Ask about a waxing package!

- Half Leg (both)
- Full Leg (both)
- Underarms

- Bikini
- Eyebrows
- Upper Lip

### NEED TO BE ON SET IN A HURRY?

At the PH Spa, we know how busy your schedule can be, even on vacation! Did you know you can enjoy multiple services at the same time? Just ask our Spa receptionist for more details.

### THE HOLLYWOOD RUN-DOWN

At the PHSpa we are happy to tailor your visit to suit your specific needs. Come for a tour and we'll show you the different treatments available so you can create your ideal spa experience.

### PH SPA ETIQUETTE

Opening Hours: 8:30 a.m. to 8:00 p.m.

**Arrival**: Please arrive 15 minutes prior to your spa appointment, or an hour prior if you wish to use the Soak Hydrotherapy facilities.

**What To Wear:** Bathing suits are required for the pool areas. We will provide you with bathrobes and sandals in the change rooms.

**Pregnancy:** Our Spa Concierge will guide you in selecting suitable treatments specifically designed with your well-being in mind. Some treatments are available only after the first trimester and before the third trimester.

**Group Spa:** Indulge in a selection of luxurious treatments for bridal parties, corporate bookings or group celebrations. Packages are charged per person and tailored to suit your personal needs.

Cancelation Policy: If you wish to cancel your appointment, please notify us at least 6 hours prior to your scheduled appointment, or your account will be charged for the full amount.

Late Arrival: Arriving late will limit the time of your treatment.

Gift Certificate: Gift vouchers are available; please contact the Spa for more info.

Spa And Lifestyle At Home: If you wish to continue your spa experience at home, we have an amazing boutique with a wide variety of gifts, skin care, hair care and body products. Our specialists can provide recommendations on Eminence Organic Skincare products to suit your unique needs so you can continue the well-being experience at home.

NOW, THAT'S A WRAP!